From the Principal

Sunday is the holy day and rest day of Christians. Friday is the day for Moslems. Saturday is the holy day and rest day for Jews. The Jewish Sabbath (the word means ‘rest’) starts the evening before, because days are counted from sunset to sunset.

Each Friday evening, then, there is a prayer service in the synagogue, the Jewish place of worship. Afterwards members of the family gather together at home. It is always the mother who starts the sabbath prayers by saying a blessing over the two candles that are used. Her husband and children gather round her and she prays: “Blessed are you, Lord our God, King of the Universe. You have made us holy by your commandments, and you have instructed us to kindle the Sabbath light.”

A passage is read from the Scriptures. Then the family sit down for their Sabbath meal. The father recites a blessing (called the ‘Kiddush’), and he blesses a cup of wine: “Blessed are you, Lord our God. You create the fruit of the vine.” He blesses the bread: “Blessed are you, Lord our God. You bring forth bread from the earth.”

As we are about to use the same words of blessing that Jewish families use every Friday evening, let us pray for a blessing on all whom we love and care for:

Let us pray: May the Lord bless you and keep you. May the Lord shine his face upon you. May he show you his loving kindness and bring you peace. Amen.

These “Blessed are you” prayers are the basis for the Offertory prayers in the Roman Catholic Mass. As the Jewish Sabbath starts the evening before, so the Roman Catholic Church celebrates Sunday Mass on Saturday evenings as well as on Sunday itself.

Week 9

Parent Helpers needed
- Wednesday 5 April during school (before Hat parade) and after school.
- Thursday 5 April during Primary sport and after school.

We have great news! The Infants Refurb will be ready to move into next week. We are hoping that there will be parents who can assist with moving the furniture, boxes of items, etc to the new classrooms after the Easter Hat Parade on Wednesday afternoon, 5 April (after school). We will also be looking for people to assist with cleaning the old rooms so they are ready for Stage 2 to move into. If you are able to assist, can you please let your child’s teacher know so that they know how many helpers they will have on the day.

We are also hoping that parents of Year 3 to Year 6 might be able to assist with moving and cleaning on Thursday afternoon straight after school. We are trying to minimise the time that students will lose learning time and the only way we can manage that is with parent helpers. If you are able to assist, please let the front office know by Monday 3 April.

Principal Review

I would like to thank everyone who filled in the Principal Review survey or attended an interview with the panel. It is good to receive feedback, reflect on my performance in the role and to continue to endeavour to improve. I feel very blessed to have the role at Sacred Heart and thoroughly enjoy working with such a dedicated staff, interested and engaging children and a supportive parent community. I am very grateful to have received a second contract to continue in the role as Principal. I look forward to receiving my full report and to continuing my relationship with the Sacred Heart learning community.

P&F AGM

I would like to extend my thanks to all members of the P&F, in particular the Executive and various sub-committees who have done an outstanding job for the past 12 months. I particularly thank our outgoing Exec Debbie Tiernan (Board Rep) and Kerrie Murphy (Secretary) for their valuable contributions.

Debbie Tiernan has been the Board Rep for quite some time and she has done an outstanding job, dedicating her focus and time to what is best for all students in the school. I thank Debbie for the invaluable input she has made to the Board during my time as Principal and for some time prior to my becoming Principal.
Congratulations and thank you Debbie for everything! Kerrie Murphy needed to step out of the Exec role as she now holds a position on staff. Thanks Kerrie for taking on the role during the last 12 months.

Congratulations to the whole P&F for the incredible achievement of raising nearly $50 000 in the past 12 months. This is due to a dedicated and concerted effort in trying to provide the best resources for Sacred Heart. During that time significant donations have been made to the school including the new green patch for Secondary, new furniture for the Infants Refurbishment and we will be ordering new desks for all of Primary in the not too distant future! The school community is very grateful and we thank you for your efforts.

Congratulations to the newly appointed P&F Exec:
President
Mel Finnigan
Vice President
Kristy Rumble
Secretary
Jackie Smirl
Treasurer
Nancy Smith
Board Rep
Tracey Guthrie
Sub-Committees
Fete
Sarah Dabin
Catering
TBA
Second Hand Clothing Pool
Aileen Maher
Garden Viewing
Kylie Murray
Holy 13 Golf
Emma Deep
Welcoming Committee
Sonya Ward and Julie McLeod

Optimism
Parents and teachers have an obligation to teach their children that the worth in their lives comes not in what they do nor in who they know but who they are.

Parents can share how they enjoy who they are and model an optimistic attitude.

Self-worth is how we feel about ourselves and it comes from a source within us. It is the foundation of our ability to believe in ourselves. It is what we are born with; we can’t lose it but we can lose sight of it; we can forget our value.

Unfortunately, we are greatly influenced by our society which values flawless performances and places great emphasis on excelling, achieving and winning. We are lead to believe that our worth is tied to our achievements and the judgements of others.

However, if our self-worth is dependent on other people’s approval of us, we are placing the value of ourselves in someone else’s hands. If we are high on self-worth, we will be willing to risk the disapproval of other people. We will trust our own abilities and not feel the need to conform in order to be accepted and loved by those around us. It is who we are and not what we are that ultimately counts.

Aboriginal Stations of the Cross
Thank you to Bob Glanville and Peter Beath for the commissioning and smoking ceremony for our new Aboriginal Stations of the Cross. Thanks to Aileen Maher and Katie Thompson for organising the creation of the totems and tablets and the ceremony. It was a wonderful way to incorporate our local Wiradjuri community into our school. Thanks also to Fr Joshy for blessing the tablets. If you have not yet had a chance to take a look around the school, it is well worth a visit to see our students’ creative endeavours.

With blessings,

Mrs Janet Cartwright
Principal
Class Awards Primary Term 1 Week 8

1C  Cianna Hall
    Maison Mullins

1D  Lily Cowin
    Lily Peacey
    Gillian Hunt

1N  Macey Bryant
    Ruby Pardy

2GH  Ashlee Peacey
    Amy Caldwell
    Evan Lonnen

2N  Zara Bodyczott
    Lily Northey

Congratulations

Notices

Monday Meet and Mingle

All parents and carers are invited to

Morning Tea
10am - 11am

Monday 3 April 2017

In the NEW flexible learning area near the hall.

Come and meet other parents and share the end of term.

Please RSVP to Kerrie Murphy at school office (6942 2612) by Friday 31 March
Uniform Pool

During week 10 the clothing pool will be open on Monday 3 April 12.30 - 1.30pm and Wednesday 5 April from 12 – 1.00pm. The uniform pool needs winter tunics – if families have any that are not being used now please send them into the front office for the second hand uniform pool.

**ICAS: UNLOCK YOUR TRUE POTENTIAL**

Each year students at Sacred Heart are given the opportunity to test their knowledge and understanding by participating in the ICAS competitions. Participating in the competitions gives students the opportunity to understand their capabilities, identify their strengths, identify improvement potentials and track their progress. This year there are tests on offer for the following subjects.

Please note that costs have increased and that we will only run the test if there are three or more students nominated across the subject.

Any nominations are to be received with the correct monies before Thursday the 6th of April.

### 2017 ICAS Dates

<table>
<thead>
<tr>
<th>ICAS SUBJECT</th>
<th>ICAS SITTING DATE</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies</td>
<td>Tuesday, 23 May 2017</td>
<td>$9.90</td>
</tr>
<tr>
<td>Science</td>
<td>Tuesday, 30 May 2017</td>
<td>$9.90</td>
</tr>
<tr>
<td>Writing</td>
<td>Monday, 12 June – Friday, 16 June 2017</td>
<td>$19.80</td>
</tr>
<tr>
<td>Spelling</td>
<td>Wednesday, 14 June 2017</td>
<td>$13.20</td>
</tr>
<tr>
<td>English</td>
<td>Tuesday, 1 August 2017</td>
<td>$9.90</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tuesday, 15 August 2017</td>
<td>$9.90</td>
</tr>
</tbody>
</table>

**Awards and Recognition**

In addition to a Student Report, each student that participates receives a Certificate ranging from a Participation Certificate up to a High Distinction (top 1%) or the UNSW Medal for highest achievement in the test.
## Subjects

The subjects assessed in ICAS are Digital Technologies, English, Mathematics, Science, Spelling and Writing. Each year, a team of subject experts develop the tests with reference to the curriculum. Our experts write skills-based assessments designed to assess the level of competency a student possesses in each subject area.

### Digital Technologies
Information Communication and Technology (ICT) skills drawn from a range of curriculum areas and focussing on a variety of computing contexts, including:
- Common operating systems and hardware
- Graphics and multimedia
- Internet and email
- Programming and scripting
- Spreadsheets and databases
- Word processing

### English
Reading and language skills in a range of texts. Students are required to locate, identify, interpret, infer and synthesise information in and about texts, focusing on the aspects of:
- Reading for meaning in factual texts
- Reading for meaning in literary texts
- Syntax
- Writer’s Craft
- Vocabulary

### Mathematics
Mathematical skills in a range of contexts from the following areas:
- Algebra and patterns
- Chance and data
- Measures and units
- Number and arithmetic
- Space and geometry

### Science
Scientific skills in the subject contexts of Earth and Beyond, Energy and Change, Life and Living, Natural and Processed Materials.
The following skill areas are covered:
- Observing and measuring
- Interpreting data
- Applying data
- Investigating
- Higher-order skills

### Spelling
Spelling of words that range from simple spelling patterns to difficult or unusual spelling patterns, in four different contexts:
- Applying rules and conventions
- Dictation
- Error correction
- Proofreading

### Writing
Constructing an aspect of a narrative text or a form of persuasive writing, demonstrating:
- Language choices that enhance the writing
- Punctuation
- Spelling
- Syntax and grammar
- Text purpose and structure
WHAT YOU NEED TO KNOW ABOUT NAPLAN AND THE HSC CERTIFICATE

Since the government announced its intention to link Naplan results to attainment of the HSC, there has been much misinformation which has added to parent and student concern. Here are the facts:

To receive the award of the Higher School Certificate at the end of Year 12 students need to complete a minimum of:

- 12 Preliminary units (six subjects; usually studied in Year 11)
- 10 HSC units (five subjects; usually studied in Year 12).

In addition, the NSW Government has stated that students must achieve a minimum standard in LITERACY and NUMERACY.

How does the current Naplan ‘cut off’ of Band 8 reflect on the HSC?

To demonstrate the minimum standard in LITERACY and NUMERACY students will need to pass LITERACY and NUMERACY tests. These tests will be offered twice annually in Years 10, 11 and 12 and for up to five years after students complete Year 12.

Students who have already received a Band 8 or higher in the Year 9 Naplan tests (Reading, Writing and Numeracy) will pre-qualify and not need to sit any further tests (except HSC) to meet the standard.

What if my son or daughter does not get a Band 8 in all Naplan tests?
Does that mean they cannot go to uni?

The short answer is NO.

Students who do not attain a Band 8 in the Year 9 Reading, Writing and Numeracy Tests can still take HSC courses of their choice in Year 11 and 12.

Students who do not reach Band 8 in Year 9 can still receive an ATAR.

Students who do not reach a Band 8 in Year 9 can still qualify to go to university.

If my son or daughter does not get a Band 8 in all Naplan tests can they still receive a higher school certificate (HSC)?

Again the answer is YES… so long as they take the LITERACY and NUMERACY tests at some point before they complete Year 12 (and up to 5 years thereafter) and receive a pass mark. Again- these tests will be offered twice each year.

Still have questions?

Email or call Ms Marsay (teaching and learning coordinator) or visit http://educationstandards.nsw.edu.au/wps/portal/nesa/about/initiatives/stronger-hsc-standards/minimum-standard/faqs
Wellbeing News

During Term 1, I have been involved in supporting student and staff wellbeing. This includes providing support and kindness, assisting students to develop strategies to manage challenges and continue to develop our values programs with ‘Making Jesus Real’ and Character Strengths.

Offering additional activities during lunch and recess has been well received and will continue throughout the year. Our first club has been Cooking Club and this has been eagerly attended by 15 students from stage 2. On Monday we had great fun making ANZAC biscuits with the help of our primary house captains – Ellie, Maddie and Willow, Mrs Roxburgh and Mrs Cartwright. We plan to package them up for delivery to the residents of the nursing home and retirement village.

Kerrie Murphy
Student Wellbeing Officer.

From the class room

Aspirations

On Wednesday the 22\textsuperscript{nd} of March Yr 8 students travelled to Hennessey Catholic College in Young to participate in The Aspirations program which aims to develop critical and creative thinking skills. The focus this year is Think Global, Act Local. The students were involved in a number of workshops to promote sustainability within their immediate school environment by establishing methods to reduce rubbish that goes to landfill. They were presented with a proposal of developing worm farms to reduce waste within their school environments. The students were enthusiastic and returned to school with many ideas which they could implement. The program continues in term 2, 3 and 4.
Sacred Heart Library

**Purposeful Browsing** is a focus in Sacred Heart Library by -

- Looking at the cover of a book,
- Reading the blurb,
- Studying the title & author, if it is a part of a series,
- Reading a few pages (if you find 5 or more that you can’t read maybe it is too hard).
- Looking at the amount and style of text,
- Studying the type of Genre – adventure, humour, mystery, fantasy, historical, science fiction, etc.

*These are all good ways to select a book of interest to the reader.*

**Selecting a book to read you need to consider** -

- Does it interest you and not someone else?
- Is it too easy or too difficult?
- Is the theme too advanced for you ie like drugs, relationships, death, scary, dark and inappropriate ideas for my age or maturity?

The Library is divided into sections to make it easy to find appropriate books for each student’s the sections are -

- Picture books,
- Orange Dot books - Early Chapter Books (predictable texts to easy chapter series books).
- Brown Fiction Books – Medium Chapter Books, series books, more text.
- Senior Fiction Books – Advanced Chapter Books (more difficult text, advanced themes)

We have no set levels and students are encouraged to make choices based on interest and reading ability.

Kaye Lowe advises that if a book is unsuitable or has advanced themes, the student absorbs only what is relevant to their level of maturity, which we have found from what the students are reading and borrowing.

It is fantastic if parents take an active interest in what their children are reading.

The amount of reading has definitely increased at Sacred Heart and the idea of **READING TO RELAX** is the theme used in the Library this year.

It is a way to escape, reduce muscle tension, reduce heartbeat, be calm, reduces anxiety, puts you in a better mood, stimulates reflection, creates a fantasy world and imagination, increases empathy and reduces stress.

It promotes better physical and mental health with greater empathy and understanding of others.

**READING CLUB IS ON EACH WEDNESDAY AT RECESS!**

Students are welcome to bring their recess and have loved the extra time to relax and read!

Thank you
Pam Gehrig
Sacred Heart Central School Librarian
From the Sport’s Desk

A canteen will be running at our Cross Country, 31/3/17. **Sausage sandwiches and cold drinks available.**

*All the best to the below students who are competing at various sports trials in the coming weeks.*

**AFL**  
Oscar Roberts  
Jed Guthrie  
Max Tiernan

**Swimming**  
Lachlan Sedgwick

**Secondary Rugby League**  
Joe Ward  
Owen Battye  
Liam Bourne  
Aaron Mugridge

**Congratulations to the below students on their selection in Archdiocesan Winter Sports Teams.**

**OPEN RUGBY LEAGUE**  
Toby Rumble  
Jay Mugridge

**11 YRS RUGBY LEAGUE**  
Darcy O'Toole  
Samuel Nasser  
Oscar Roberts  
Lachlan Dabin

**BOYS FOOTBALL**  
Sam Sharman

**GIRLS FOOTBALL**  
Lily Murphy  
India Bodycott  
Zara English  
Frankie Scott  
Isabelle Cowin

**Notes are now out for the Young Soccer Carnival and Canberra Goulburn Secondary and Primary Touch Trials.**

**Primary Dates:**  
Sacred Heart Cross Country - 31/3/17 - Cootamundra  
MacKillop AFL Trials- 31/3/17 - Wagga Wagga  
**Term 2**  
Young and District Soccer Carnival- 25/4/17-Young  
Archdiocesan touch Trials- 3/5/17- Cootamundra  
Western Region Cross Country 4/5/17 Harden  
MacKillop Winter sports Trials 5/5/17 Canberra
Secondary Dates:
Sacred Heart Cross Country- 31/3/17-Cootamundra
Western Zone Rugby League Trials 15’s and Opens- 5/4/17 Forbes.

Term 2
Southern CCC AFL Trials- 27/4/17- Wagga
Archdiocesan touch Trials- 3/5/17- Cootamundra

Permission notes that are sent home for sporting events have a return date stated on them. This date helps the organiser arrange the correct number of teams and travel arrangements. Please ensure permission slips and payment are returned by this date or your child may miss out on the event.

Parents who offer to transport any students or manage teams must obtain a Working with Children Check (WWCC) from the RTA. It is free and you need it to do volunteer work for the school. Instructions on how to obtain your WWCC can be picked up from the front office. Once you have received your certificate please leave a copy at the front office with your date of birth.

VERY IMPORTANT NOTICE:
Some CCC Individual sport nominations will be completed on line. Parents interested in nominating their child for particular sports need to visit the website to nominate their child. www.csss.nsw.edu.au

Canteen News/Roster

A new winter menu will be sent home to families in week 1 Term 2.
Other Events

Cootamundra Junior Soccer Club
For Juniors 5 – 16 years

Register on-line at www.playfootballnsw.com.au

REGISTRATION COSTS - $70 per player

Please Note: Registrations close Friday 7 April. Registrations will not be accepted after this date.

Players must be turning 5 to 16 in 2017 to register.

All enquiries to cootajuniorsooccer@gmail.com

NRL HOLIDAY CLINIC
The PlayNRL Holiday Clinic is a day program for kids aged 5-14 of any gender that focuses on fun, fitness and participation.
Costs: $40 per child which includes lunch, Holiday Park entry and all equipment.

Registrations from 10am
Clubs: Cometown at 10:30am and Friends at 1:30pm
Coaches: Cameron Yeo, Matty Kelleway (4027 4029), Email: cometown.nrl@gmail.com (check before booking)

PLAYNRL.COM
ST JOSEPH’S PRIMARY SCHOOL JUNEE, PROUDLY PRESENTS

BRICKTASTIC
LEGO EXHIBITION
BUILDING BRICKS FOR THE FUTURE

Friday 5th May 2017 (4pm-9pm)
Saturday 6th May 2017 (10am-4pm)

ATHENIUM THEATRE, BROADWAY, JUNEE

$15 per person or $50 for a family (2 adults & 2 children or 1 adult & 3 children) for 2 years and under FREE

Raffle Face Painting & Tattoos
Creative Brick Building Area Kids Activity Zone
Lucky Dip LEGO® & Brick Merchandise Sales
LEGO® Exhibits from Rainbow Bricks & Albury Wodonga LEGO® User Groups and more
LEGO® Competition for Preschoolers to High School Students

BBQ, Drinks and Snacks available

ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT

Grab your tickets early at Eventbrite.com.au or at St Joseph’s Primary School, Kitchener Street, Junee for your chance to win some great prizes. Ticket sales also available at the door.

All proceeds from Bricktastic will be used toward the redevelopment of St Joseph’s Primary School.

Bricktastic has the support of many local businesses and individuals.

For more information, please contact Emma Chisholm on 0408 233 697

Follow us on Facebook
Don’t Forget!

NETBALL REGISTRATION CLOSES
31ST MARCH

VISIT OUR WEBSITE www.cootamundran.nsw.netball.com.au

Cootamundra Library news

APRIL 2017

What’s on in the school hols?

- Swiss Drum Corps -
  New drumming routines using proper stick control techniques
  Beginners welcome
  Thursday 13th April, 11am
  Ages 7-11 yrs
  $10 per child

- Percussion Band -
  Explore great songs & play together on xylophones, drums, keyboard & digital percussion
  Beginners welcome
  Thursday 20th April, 11am
  Ages 7 – 15 yrs
  $10 per child

Contact your library
Phone: (02) 6940 2200
Email: Cootamundra.Library@dgca.nsw.gov.au
Facebook: www.facebook.com/cootamundralibrary
Brigade Kids Poster Competition – station brief

To help promote fire safety messages to children, FRNSW is running a state-wide poster design competition, ‘The Brigade Kids Champion’.

We need your support
Inside your Brigade Kids pack you will find posters and DL leaflets. Please promote the competition by:
- Displaying the posters at your station and/or community centres or schools
- Distributing DL flyers at schools, after school care, libraries, coffee shops, community centres, shopping centres and other public areas.

Your support is vital in spreading fire safety messages to children in your community. Whether you’re conducting FireED or other community engagement with your crew, have a child in K-2 (your children can enter too) or know a K-2 teacher, this is your chance to help teach kids how to be a Brigade Champion.

Competition Overview
- The competition will run from 13 March to 23 April 2017, with entries submitted at www.brigadekids.com.

- Entrants are asked to design a poster to communicate one of three key fire safety messages:
  o Practice your Escape Plan and have a Safe Meeting Place
  o Get Down Low, and Go, Go, Go
  o Call Triple Zero (000) in the case of a fire

- The competition will be organised across three age categories: Kindergarten, Year 1 and Year 2 with a winner and runner-up in each category. One overall winner will be chosen from the three age category winners.

- Entries will be judged by representatives from the NSW Department of Education, Association of Independent Schools of NSW, Catholic Education Commission NSW, the Children’s Hospital at Westmead, LEGO, Scholastic, Hi-5 and FRNSW A/Commissioner Jim Hamilton.

- Prizes include an Xbox One, LEGO City packs and Scholastic vouchers for the winners’ schools. The overall winner will also have their design made into a poster and displayed at stations on Open Day (20 May).

- Winners and runners-up will be announced on 4 May 2017.

More information
For any enquiries, please contact (02) 9742 7179 or ceu@fire.nsw.gov.au. Full details and terms and conditions can be found at www.brigadekids.com.

For more Brigade Kids Champion resources visit Intranet > Toolkits > Operational > Community Safety > Brigade Kids
Pick one of the fire safety messages below, create your poster and submit it via www.brigadekids.com

1 BE PREPARED
Practice your escape plan and have a safe meeting place.

2 IN A FIRE
Get down low, and go, go, go!

3 CALL TRIPLE ZERO (000)
In case of fire.

Winners from:

LEGO and the LEGO logo are trademarks of the LEGO Group. ©2007 The LEGO Group.

Scholastic, 2012 and Microsoft and members of the Microsoft group of companies.


BE A BRIGADE KIDS CHAMPION

Design a poster for a chance to win great prizes!
Free One Day Workshop for Parents and Carers

Canberra
Tuesday
2 May 2017

Positive Partnerships is coming to a location near you!

Join us for a day of learning with other parents and carers of school aged children on the autism spectrum, designed to help you foster productive school, family and community relationships to provide the best kind of support for your child. Our workshops are for parents, carers and grandparents wanting to understand more about autism and learn practical strategies using evidence based resources to help maximise their young person’s learning.

What will you gain by attending this workshop?

- An increased understanding of the impact of autism
- Further knowledge about how to develop effective partnerships with your school
- Information to help you access further support both inside and outside of school
- An opportunity to be part of a support network where you can share strategies and experiences with other parents/carers
- An understanding of a planning tool that can be used to share key information related to your child

Workshop details

Venue: Manuka Oval
Manuka Circle
Griffith ACT 2603

When: Tuesday 2 May 2017
9.15 am – 3.00 pm (Registration from 8.30 am)

Catering: Morning tea and lunch is provided. Please advise any dietary requirements upon registration.

Register Online: www.positivepartnerships.com.au Registrations open on Tuesday 7 March 2017 and close one business day prior to the workshop. Register early as places are limited!

Questions? If you are not able to register online please call the Positive Partnerships Infoline: 1300 881 971 or email parentcarer@autismspectrum.org.au

The Positive Partnerships initiative is funded by the Australian Government Department of Education and Training through the Helping Children with Autism package and is delivered by Autism Spectrum Australia. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Department of Education and Training.